

SPECTRA COVID-19 Protocols

SPECTRA follows the guidance of the CDC and CDPHE, as well as our local health authority. We work very closely with the Broomfield Health Department when reporting positive cases, seeking specific guidance or clarification, and when utilizing targeted contact tracing.

Due to the nature of our services and the population we serve, SPECTRA is unable to maintain universal masking among students. Additionally, most of our students are unable to effectively wear masks (if at all) to meet the requirements of some protocols outlined by the CDC and CDPHE. As such, SPECTRA relies heavily on screening and testing as mitigation tactics. We also evaluate each positive case and/or potential exposures individually. Our goal is to keep students at SPECTRA, while keeping staff and students as safe as possible.

Definitions

COVID-like symptoms: loss of taste or smell, fever (100.4°F or higher), chills, new or worsening cough, shortness of breath or difficulty breathing, headache, sore throat, muscle or body aches, congestion or runny nose, fatigue, nausea or vomiting, diarrhea. A person is assumed to be contagious two days before they start having symptoms and for 10 days after symptoms start. In children too young or unable to reliably report their symptoms, caregivers and teachers should monitor for symptoms and other age-appropriate signs of disease, including decreased appetite or activity. All symptomatic individuals should seek clinical evaluation, including testing, as soon as possible after symptoms develop.

Isolation: staying home from work, school, and activities when a person is sick or diagnosed with COVID-19. Most people who do not have symptoms or who have mild symptoms that are improving may return to school and school-associated activities after five full days of isolation. For the five days after isolation, a well-fitting mask must be worn over the mouth and nose while around others. During meals when masking is not possible, extra emphasis should be placed on ventilation and distancing to avoid exposing others. Generally, testing is not required to end isolation, but is required at SPECTRA. If testing is available, the best approach is to use an antigen test at the end of the five-day isolation period. If the test is positive, isolation should continue through day 10. Individuals who are unable to wear a mask around others should isolate for a full 10 days. In rare circumstances in consultation with a medical provider, people who are severely ill or immunocompromised may require additional testing to determine when they are no longer infectious. Find more information about how to isolate.

Quarantine: staying home from work, school, and activities after a person was in close contact with someone with COVID-19. [Find guidance on who needs to quarantine, how to quarantine, and how long quarantine lasts.](#) A person should not attend work, school, or out of school activities if they are under quarantine following an exposure. If a person develops symptoms of COVID-19 or tests positive during their quarantine period, they should begin isolation. After returning to school following a five-day quarantine, a well-fitting mask must be worn over the mouth and nose while around others. During meals when masking is not possible, extra

emphasis should be placed on ventilation and distancing to avoid exposing others. Individuals who are unable to wear a mask around others should quarantine for a full 10 days.

Fully Vaccinated: Has had all required initial vaccination shots (2 for Moderna and Pfizer, 1 for J&J) AND has received a booster if eligible.

General Protocols

- Students and staff using shortened isolation of 5 days MUST wear a mask upon returning on Days 6-10. IF not, they must isolate from school for 10 days (this includes those under 2 yrs of age). SPECTRA requires a negative test on day 5 in order return day 6.
- Students and staff using shortened quarantine of 5 days MUST wear a mask upon returning for Days 6-10. IF not, they must quarantine for up to 10 days. SPECTRA requires a negative test day five in order to return day 6.
- Staff and students that are fully vaccinated/up to date on boosters are EXEMPT from quarantine if exposed within the school/child care. Individuals exposed should still monitor for symptoms for 10 days, should wear a mask for 10 days and ideally seek out testing around day 5 (antigen/home tests are fine). Vaccinated students who test negative day five may return day 6 and are exempt from the mask requirement if they are unable to comply.
- Staff or students that are 12 and older and have *not* received their booster dose, if eligible, are NOT exempt from quarantine. This means they are NOT "up to date" with their vaccination status. If someone is unwilling to share their vaccine status/updated booster, then you should assume they need to be quarantined.
- Students and staff that have tested positive (antigen or pcr) are allowed a "90 day exemption from quarantine" as long as they do not have any new symptoms. This will require some administrative tracking in terms of knowing if someone was positive and the date they were positive and when that would expire.
- Unmasked, unvaccinated individuals must quarantine for a minimum of 5 days and should watch for symptoms and seek out testing. They must wear a mask for 5 days upon returning.
- Please recognize that without universal masking, routine classroom exposures now must be evaluated for the above risk criteria which in part is the responsibility of the SPECTRA. All cases and potential exposures undergo investigation and targeted contact tracing with the help of the Broomfield Health Department. All positive cases are reported to the Broomfield Health Department. If Public Health identifies concerns of uncontrolled

transmission/outbreaks and/or other high risk transmission occurring, stricter mitigation efforts will need to be discussed together.

- SPECTRA provides access to high quality masks (KN95 and/or surgical masks from CDPHE) as this is still a component in mitigation efforts and shorter quarantine/isolation times. We have both adult and child sized KN95 masks available.

- SPECTRA provides at-home/antigen tests and/or incorporating a model of CDPHE's K-12 "Test to Stay" at home/non-proctored tests to help any individuals test in the event they've had an exposure or new symptoms. Our goal is to keep staff and students at school.

- SPECTRA provides weekly serial testing through Mobile Health, a program organized through CDPHE. Weekly testing is open to all staff and students who have registered with Mobile Health.

- SPECTRA continues to utilize daily COVID symptom screening protocols for all staff, students, and visitors. This involves temperature checks and symptom screening via questionnaire (staff/visitors) or visually (students). Any presentation of symptoms not part of an ongoing health condition, or otherwise explained, will exclude that individual from activities on campus. SPECTRA utilizes the Return to Learn Criteria established by CDPHE to help evaluate presentation of symptoms and when the individual can return.
 - o Due to the mild presentation of symptoms from the current Omicron variant, we continue to evaluate symptoms on a case by case basis. Our goal is to provide all staff and students with symptoms presentation and/or know exposure with a home test kit.